
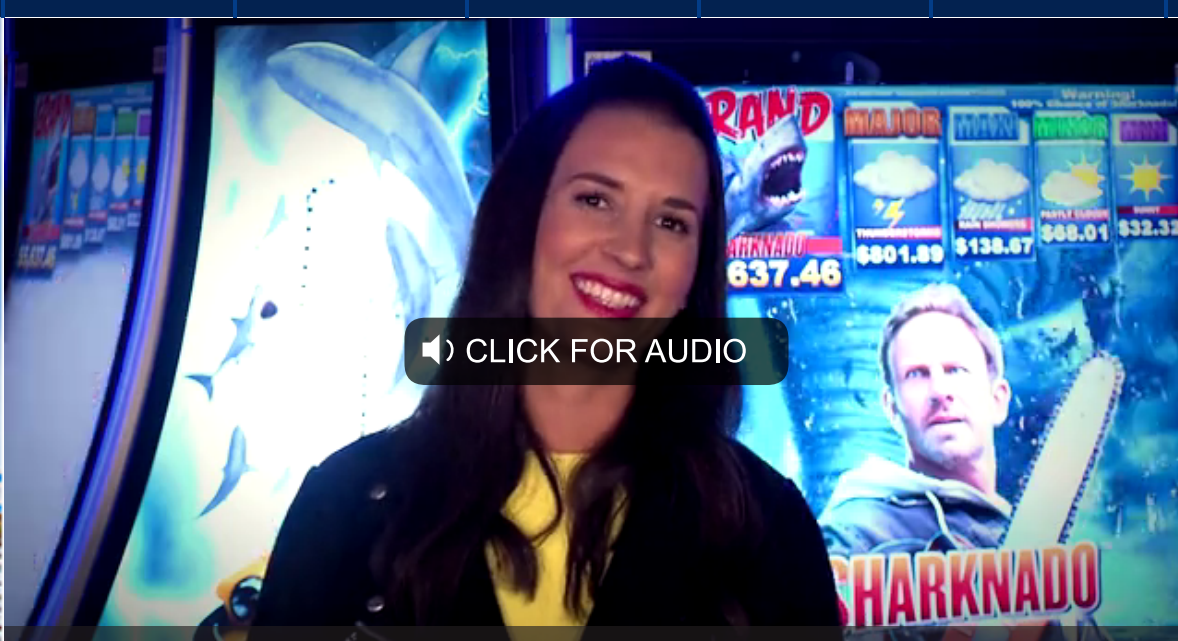



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## Best Brunch In The South Bay

March 19, 2017 7:19 PM

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(credit: Joshua Resnick/shutterstock)

After braving the work week, weekend brunch is a respite for so many people. Brunch time is less rushed and offers family and friends the opportunity to slow down the pace of dining out. The South Bay has just the right setting and background for brunch, being so close to the beach. Whether your brunch choice has an ocean view or not, fabulous food, specialty coffees and teas and a bottomless cocktail is all you need. Get cracking and make your brunch reservation this weekend at one of these South Bay restaurants.

**Manhattan Beach Post (MB Post)**  
1142 Manhattan Ave.  
Manhattan Beach, CA 90266  
(310) 545-5405  
[www.eatmbpost.com](http://www.eatmbpost.com)



(Credit: Manhattan Beach Post)

Hands down, brunch at M.B. Post (Manhattan Beach Post) requires an order of Chef David LeFevre's very special Cheddar Bacon Biscuits. Savory, flaky and soft and absolutely delicious, these brunch biscuits are served with maple butter, and can be shared with your brunch mates. Other fantastic dishes to start your day include corned beef cheek hash made with tender chunks of beef cheek and a sunny side up egg, Eggs Benedict (arugula, prosciutto, poached egg and hollandaise sauce on the above mentioned biscuits), and M.B. Post's mouthwatering ricotta stuffed French toast. Close to the beach, M.B. Post is a great brunch choice. The setting is rustic and relaxed, and the perfect spot for washing down all of the great food with a classic mimosa or Bloody Mary. If you ask anyone in the know, they will without a doubt claim Manhattan Beach Post as one of the best brunch spots in the area.

**The Strand House**  
117 Manhattan Beach Blvd.  
Manhattan Beach, CA 90266  
(310) 545-7470  
[www.thestrandhousemb.com](http://www.thestrandhousemb.com)



(credit: The Strand House)

Ocean views, farm fresh entrees and hand-crafted morning cocktails are excellent at The Strand House in Manhattan Beach. The restaurant, which overlooks The Strand in Manhattan Beach, offers a menu featuring flavorful, filling dishes, including "everyone's favorite" stuffed French challah toast with huckleberry and mascarpone, house-made corned beef hash and eggs, buttermilk fried Jidori chicken and waffles with a chili-honey glaze and aji amarillo butter, and a Maine lobster roll. Make sure to save time for dessert though. The Strand House's apple streusel coffee cake is the right call. As for brunch beverages, the bar is extensive, but guests rave about the Ruby Rose, created with a Rose Champagne and fresh grapefruit.

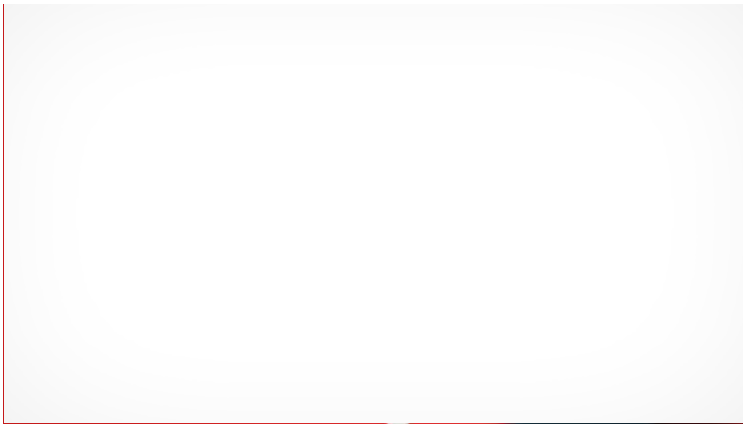
**Nick's Manhattan Beach**  
451 Manhattan Beach Blvd.  
Manhattan Beach, CA 90266  
(310) 545-7373  
[www.nicksrestaurants.com](http://www.nicksrestaurants.com)



(credit: Mary L./yelp)

Available Saturday to Sunday from 8 a.m. to 12 noon, Nick's Manhattan Beach serves an extensive "breakfast" menu. Located in Metlox, the local town square of Manhattan Beach, Nick's is one of those South Bay hot spots where you can count on excellent food, a welcoming social space and lots of chic shopping options (Waterleaf home furnishings and The Beehive for gifts) after you dine. Grab a table on the outside patio for an ocean breeze and the beginning to a great brunch while sipping a Bloody Mary garnished by a fried blue cheese olive, a Spanish Cafe carajillo or cold pressed mimosa. Favorite start-of-the-day menu specialties include Omar's Skillet (chorizo, hash browns, jalapenos, black beans and pico de gallo and salsa), skinny omelet (egg whites, spinach, onions, wild mushrooms and Boursin cheese) or surf and turf - filet and lobster Benedict served with crispy hash browns...not, not to mention Nick's fabulous crisp Belgian waffle and

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